

## Highlights from the *Book of Mormon*

This outline of suggested readings is just a starting point. Feel free to adapt it to the age of your family. For younger children, skip the stories marked optional. The titles listed let you know what those selected scriptures are about; the narrator invents his own title. Your child may collect his narrations into his own personal "Book of Mormon Stories"—a real keepsake. Narrating these stories puts them where they belong—in the child's heart. —Penny Gardner

Lehi Warns Jerusalem (1 Nephi 1:1-8, 18-20)  
Lehi Departs to the Wilderness (1 Nephi 2:1-7) [opt. 8-15]  
[opt] Nephi Prays for his own Testimony (1 Nephi 2:16-20) [opt. 21-24]  
Nephi and his Brothers Return to Jerusalem (1 Nephi 3:1-9)  
Laman Visits Laban (1 Nephi 3:10-14)  
Nephi's Courage and Faith (1 Nephi 3:15-16, 19-21)  
Trading Treasures (1 Nephi 3:22-27)  
Laman's Anger (1 Nephi 3:28-31)  
The End of Laban (1 Nephi 4:1, 5-19)  
[opt] Zoram Joins the Group (1 Nephi 4:20-21, 23-38)  
[opt] Wives for the Sons of Lehi (1 Nephi 7:1-5) [opt: 6-22]  
[opt] Nephi's Vision (1 Nephi 11:21-28, 32-33)  
The Liahona (1 Nephi 16:4-12)  
[opt] Nephi the Hunter (1 Nephi 16:15-28, 30-32)  
[opt] Bountiful by the Sea (1 Nephi 17:1, 3-4, 6-15)  
Nephi Builds a Ship (1 Nephi 17:16-18, 49-51)  
Journey by Sea (1 Nephi 18:4-8)  
The Wild Party (1 Nephi 18:9-15, 20-21)  
The Promised Land (1 Nephi 18:22-25)  
Nephites and Lamanites Separate (2 Nephi 5:1-2, 5-9) [opt 10-17]  
[opt] Nephi Preaches Baptism (2 Nephi 31:4-13, 19-21)  
[opt] Sherem Denies Christ (Jacob 7:1-23) [Jacob, the Brother of Nephi, is speaking.]  
Enos. A Man of Mighty Prayers (Enos 1-8, 15-17)  
[opt] King Benjamin (Mosiah 1:1-2, 6-7, 9-12, 15-16, 18)  
King Benjamin Speaks from a Tower (Mosiah 2:1-2, 6-8)  
The Words of King Benjamin (Mosiah 2:17-18, 22-24, 38-41)  
[opt] The Name of King Benjamin's People (Mosiah 5:1-2, 4-8, 15)  
A Wicked Nephite, King Noah (Mosiah 11:1, 14, 16-19)  
Abinadi (Mosiah 11:20, 25-29)  
[opt] Abinadi Preaches (Mosiah 12:1, 8)  
Abinadi is Carried to the King (Mosiah 12:9, 16-19)  
Abinadi Teacher the Ten Commandments (Mosiah 13:1-3, 5-9, 12-26)  
The Death of Abinadi (Mosiah 17:1-20)  
Alma Believes Abinadi and Preaches (Mosiah 18:1-17)  
[opt] The End of King Noah (Mosiah 19:1-29)  
[opt] Alma's People Prosper (Mosiah 27:1-2, 6-7)  
The Sons of Mosiah and of Alma (Mosiah 27:8-17)  
Conversion of Alma the Younger (Mosiah 27:18-24)  
Alma the Younger and Mosiah's Sons Preach (Mosiah 27:32-37)  
[opt] Mosiah's Sons Preach to the Lamanites (Mosiah 28:1-2, 5-10, 20)  
[opt] Alma the Younger Preaches (Alma 9:1-2, 4-9, 12-13, 31-33)  
[opt] Alma's Reunion with the Sons of Mosiah (Alma 17:1-4)  
[opt] The Travels of the Sons of Mosiah (Alma 17:6-13, 16-17)  
Ammon's Adventures (Alma 17:18-25)  
Tending the Flocks (Alma 17:26-39)  
King Lamoni's Question (Alma 18:1-21)  
Ammon Preaches to Lamoni (Alma 18:22-43)  
The Queen Calls Ammon (Alma 19:1-10)  
King Lamoni Preaches (Alma 19:11-15)  
Abish Gathers the People (Alma 19:16-20)  
The Lord's Protection (Alma 19:21-27)  
Abish Awakens the Queen (Alma 19:28-32)

### *Abinadi Tells the Commandments*

Abinadi told King Noah he was teaching the people the wrong king of commandments. They were angry and were going to slay him. But he told them, "If you touch me, you will get shocked." The guards were too afraid to touch him.

Abinadi said, "Do not steal. Do not slay people. Do not commit adultery. Do not tell lies about people. Obey your parents and respect them. Do not say the Lord's name when you are angry. Do not swear."

### *Abinadi in the Fire*

King Noah was angry with what Abinadi told him. So they decided to slay him. Alma was sticking up for Abinadi and begging King Noah to let him free. But King Noah was mad at Alma and decided to slay Alma, too.

Alma ran away as fast as he could into the wilderness. When he was there, he wrote all the preaching of Abinadi. The guards gave up on searching for Alma.

They decided to kill Abinadi right away. So they tied him on a pole with hay around and burned him to death. Abinadi told them while he was in pain, "You will suffer the things I am suffering when this is over."

### *Alma Baptizes Many*

One day Alma came to King Noah's kingdom and taught the people in secret so King Noah wouldn't know. He wanted to tell them about Abinadi. After King Noah's people were taught, they wanted to go with Alma to the waters of Mormon to get baptized. Many of the people came with Alma but some of the people did not believe it. The people that came with Alma got baptized and were a member of God's Church.

(Highlights from the *Book of Mormon*, continued)

[opt] The Church is Established (Alma 19:33-36)  
[opt] Korihor, The Anti-Christ (Alma 30:5-8, 11-14, 17-24)  
[opt] Korihor Denies Christ (Alma 30:29-32, 35-42)  
[opt] Korihor Asks for a Sign (Alma 30:43-50)  
[opt] The Death of Korihor (Alma 30:51-60)  
[opt] The Pride of the People (Alma 31:1, 5, 8-9, 24-25)  
[opt] The Poor are Humble (Alma 32:1-2, 5-12)  
[opt] Seeds of Faith (Alma 32:17-18, 21, 28-33, 37-41)  
Captain Moroni Goes to War (Alma 43:3, 15-18, 26, 29-30, 37-39)  
Nephites Fight for Liberty (Alma 43:45-54)  
[opt] The Title of Liberty (Alma 46:1-3, 6-8, 11-14, 16, 18-21, 36)  
An Oath Against Shedding Blood (Alma 53:10-15)  
The Stripling Warriors (Alma 53:16-23)  
Helaman Tells of their Courage (Alma 56:45-49, 52, 54-56; 57:25-27; 59:39-40)  
Nephi and Lehi, Sons of Helaman, Freed from Prison (Helaman 5:20-34)  
Conversing with Angels (Helaman 5:35-52)  
Samuel the Lamanite (Helaman 13:1-10, 23-24, 29-30)  
The Savior's Birth Predicted (Helaman 14:1-13)  
The Savior's Death Predicted (Helaman 14:14-17, 20-31)  
Samuel the Lamanite Departs (16:1-3, 6-8)  
Where is the Sign? (3 Nephi 1:4-9)  
Nephi's Prayer [the grandson of Helaman] (3 Nephi 1:10-14)  
Christ is Born (3 Nephi 1:15-21)  
The Death of Jesus (3 Nephi 8:1-25)  
[opt] The Voice of God (3 Nephi 9:1, 12-16, 18-22)  
The Resurrected Christ in America (3 Nephi 11:1-17)  
[opt] Jesus Speaks to Nephi (3 Nephi 11:18-27)  
[opt] No Contention (3 Nephi 11:28-30, 33-35, 37-38)  
Jesus Preaches (3 Nephi 12:3-9, 14-16, 19-20, 44, 48)  
[opt] The Lord's Prayer (3 Nephi 13:6-13)  
[opt] Lilies of the Field (3 Nephi 13:28-34)  
The Sermon (3 Nephi 14:1-2, 7-8, 12-14)  
[opt] The Wise Man's House (3 Nephi 14:22-27)  
Jesus Heals the Sick and Blesses the Children [opt: 3 Nephi 17:1-6] (3 Nephi 17:7-25)  
The Sacrament (3 Nephi 18:1-11)  
[opt] Pray Always (3 Nephi 18:12-21, 24)  
[opt] Water and Fire (3 Nephi 19:1-3, 5-18)  
Jesus Feeds the Multitude (3 Nephi 20:1-9) [If skipping the next 3 optional stories, read verse 28:12 with this story.]  
[opt] Christ Names His Church (3 Nephi 27:1-7, 13-17, 20-22, 28-29, 33)  
[opt] Twelve Wishes (3 Nephi 28:1-12) [If skipping this, read verse 28:12 with the last story read.]  
[opt] The Three Immortal Nephites (3 Nephi 28:13-32, 36-40)  
The Brother of Jared (Ether 1:1-2, 5, 33-43)  
In the Valley of Nimrod (Ether 2:1-7)  
Don't Forget to Pray (Ether 2:13-15)  
Building Boats (Ether 2:16-25)  
Light for the Boats (Ether 3:1, 3-4, 6)  
[opt] Seeing the Lord (Ether 3:7-16, 25-28)  
The Jaredites' Journey (Ether 6:2-13)  
[opt] Jaredites Ask for a King (Ether 6:16-30)  
[opt] Repent or Be Destroyed (Ether 11:1, 6-8, 20-22)  
[opt] End of the Jaredites (Ether 15:12-14, 19, 30-34)  
Know the Truth of the Book of Mormon (Moroni 10:3-5)

### *The Wicked Alma that Turned Good*

Alma's son, Alma, was so wicked when he grew up, he wanted to destroy the church. His friends, that were wicked with him, were King Mosiah's four sons. When they were walking they saw an angel of God. His voice sounded like thunder and it shook the ground. They could barely understand the angel.

The angel told them, "Alma, your father, is praying for you. Don't destroy the church." Then the angel left.

They fell down on the ground. And Alma's mouth got shut; he couldn't speak. He couldn't move his arms and he couldn't move his legs. The four sons of Mosiah carried him to their hut. Alma's father prayed and prayed for two days and fasted for two days.

Then Alma's mouth got opened. He said, "Thank you, father, for all of your prayers. I didn't think you would pray for me after all that I did." Alma turned good.

Alma and the four sons of Mosiah published the news about what happened to Alma. The four sons of Mosiah were Ammon and Aaron and Himni and Omner. They were trying to fix the church because they had tried to destroy it. They were sorry and repented and were being helpful.

[These sidebar narrations were told by Logan Gardner, age 9.]